





## **COALITION MEMBERSHIP 2014-15**

The Nunavut Food Security Coalition is a collaborative group of government departments, Inuit organizations, non-governmental organizations, and the private sector working together to improve food security in Nunavut. The Coalition was established in

June 2012 to develop a long-term, ongoing, inclusive, and sustainable approach to food security. The Coalition is a task group of the Nunavut Roundtable for Poverty Reduction, and is co-chaired by the Government of Nunavut and Nunavut Tunngavik Inc.

## 2014-2015 Coalition Members

- Arctic Cooperatives Ltd.
- Arviat Wellness Centre
- Government of Nunavut
  - Department of Culture and Heritage
  - Department of Economic Development and Transportation
  - Department of Education
  - Department of Environment
  - Department of Executive and Intergovernmental Affairs
    - Nunavut Bureau of Statistics
  - Department of Family Services
  - Department of Finance
  - Department of Health
  - Department of Justice
- Ilitaqsiniq– Nunavut Literacy Council
- Ilisaqsivik Society
- Kitikmeot Inuit Association
- Kivalliq Inuit Association
- Lateral Office
- North West Company
- Nunavut Arctic College
- Nunavut Development Corporation
- Nunavut Housing Corporation
- Nunavut Research Institute
- Nunavut Tunngavik Inc.
- Project Nunavut
- Qaujigiartiit Health Research Centre
- Qikiqtani Inuit Association
- Tukisigiavik Society

Participation in the Nunavut Food Security Coalition is voluntary and open to any Nunavut-based organization that shares our vision of a food secure Nunavut.

## Coalition Secretariat

Ongoing support to the Coalition is provided by the Coalition Secretariat. The Secretariat guides the Coalition's collective vision, supports aligned activities, mobilizes available funding, encourages program and policy advancements, and builds political and public will. The 2014-2015 Secretariat included:

- **Natan Obed**  
Director  
Social and Cultural Development Department  
Nunavut Tunngavik Inc.
- **Lindsay Turner**  
Acting Director  
Poverty Reduction Division  
Department of Family Services  
Government of Nunavut
- **Ed McKenna**  
Former Director,  
Poverty Reduction Division,  
Department of Family Services,  
Government of Nunavut
- **Allison MacRury**  
Territorial Nutritionist  
Department of Health  
Government of Nunavut
- **Sara Statham**  
Territorial Food Security Coordinator  
Department of Health  
Government of Nunavut
- **Shylah Elliott**  
Health Policy Analyst  
Social and Cultural Development Department  
Nunavut Tunngavik Inc.



**HIGHLIGHTED ACTIVITIES  
FOR 2015-2016**



## COALITION

### *Nunavut Food Security Strategy Release*

*“This week, during Hunger Awareness Week, it is timely to examine food insecurity as a complex issue with extreme implications for health and wellness among Inuit... This Strategy represents critical progress that is needed to address the serious challenge of food insecurity that faces Inuit and our communities in Nunavut.”*

TERRY AUDLA, PRESIDENT, INUIT TAPIRIIT KANATAMI, MAY 5, 2014

The Coalition released the *Nunavut Food Security Strategy* and *Action Plan 2014-16* on May 5, 2014. This coincided with the first day of Hunger Awareness Week, which is an annual national campaign to raise awareness of the solvable problem of hunger in Canada. The *Strategy* outlines a collective vision so that all of our efforts can be coordinated and sustained, leading to greater impact. The *Strategy* is the long-term guiding document for the Coalition, and the accompanying *Action Plan* describes the activities that the Coalition will take in the short-term. The *Strategy* reflects over two years of collaborative effort, and describes the actions that must be taken to improve food security in Nunavut. The *Strategy* and *Action Plan* are available on the Coalition website ([www.nunavutfoodsecurity.ca](http://www.nunavutfoodsecurity.ca)).

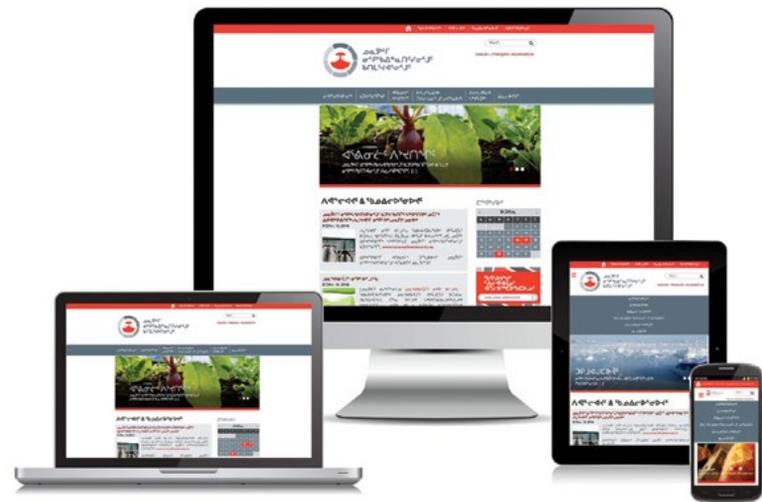
- **Partners:** All Coalition member organizations
- **Action: 2.1** Distribute and promote the *Nunavut Food Security Strategy*.

### Coalition Website Launch

On October 16, 2014, the Coalition acknowledged World Food Day by launching its brand new website:

**[www.nunavutfoodsecurity.ca](http://www.nunavutfoodsecurity.ca)**. Although many Coalition member organizations have their own websites, the Coalition’s website was developed to create a shared space that highlights collective, rather than individual, efforts. The website provides information on the *Strategy*, describes some activities being undertaken in the *Action Plan 2014-16*, and offers resources developed by the Coalition and other organizations. Since the launch of the website, engagement has increased each month, reaching more than 2,000 page views from over 300 unique visitors.

- **Partners:** All Coalition member organizations
- **Actions: 2.2** Develop a comprehensive communications plan for the Nunavut Food Security Coalition; **6.1.** Establish a communication network for the Coalition and the public to share information on food security-related efforts and initiatives.



### Roundtable on Food In(Security) in Northern Canada

In the spring of 2015, the Public Policy Forum and Food Banks Canada partnered to synthesize the current state of knowledge on Aboriginal food security in northern Canada and to facilitate discussions on the most promising measures to address food insecurity in northern Canada, particularly among Aboriginal people. As part of this process, the Public Policy Forum and Food Banks Canada convened roundtable meetings in Yellowknife, Iqaluit, and Ottawa. The Coalition partnered on this initiative, and hosted the Roundtable on Food (In)Security in Northern Canada on March 19, 2015 in Iqaluit. Over 35 participants took the opportunity to provide insight on the unique realities affecting food insecurity in Nunavut. The discussion focused on improving access to country food, promoting life skills and the transfer of knowledge, as well as clarifying the role of retailers in the food security issue.

- **Partners:** Public Policy Forum (Lead), Food Banks Canada, all Coalition member organizations
- **Action: 5.1** Identify and promote ways in which changes can be made to enhance food security in Nunavut.



## COUNTRY FOOD

### Commercialization of Country Food Project

One of the Coalition's objectives is to help ensure that Nunavummiut who are most vulnerable to food insecurity are able to access country food. While the Coalition encourages the sharing of country food, it also respects the decisions and rights of Inuit to buy and sell country food. In Nunavut, several options exist for buying and selling country food, including informal markets, retail stores, commercial plants, and online sales. However, these options are relatively new to the territory and are not available to everyone at all times. Other Arctic regions, on the other hand, have had a much longer history of buying and selling country food, and the Coalition wanted to learn from their experiences. The purpose of the Commercialization of Country Food Project was to examine Greenland's country food market system and whether such an option is desirable and feasible in Nunavut. It found that Nunavummiut believe a market system could improve availability of country food, provide economic opportunities for hunters, and encourage diversification of products. However, concerns were raised about deterioration of sharing networks, increased pressure on wildlife stocks, barriers to hunting, and lack of consensus on how to proceed.

#### Mission:

*We will promote country food as a foundational food for Nunavummiut.*



Key considerations in moving forward involve determining market readiness, dealing with the mismatch between supply and demand, reconciling conflicting perceptions on sharing versus selling country food, and targeting those most in need. The report is available on the Coalition website ([www.nunavutfoodsecurity.ca](http://www.nunavutfoodsecurity.ca)), under the Resources section.

- **Partners:** Department of Health (Lead), McGill University, Nunavut Tunngavik Inc., Department of Environment, Project Nunavut
- **Actions: 1.4.2** Explore how the commercialization of country food in other Arctic jurisdictions affects food security; **6.4.1** Learn from other jurisdictions about ways in which traditional livelihoods may be supported.

### Country Food Guidelines Project

Country food plays an important role in the diets of Nunavummiut, and the Government of Nunavut encourages facilities and programs to serve country foods whenever possible. However, we have heard that there are barriers to serving country food in government-funded facilities and community-based programs. One of the barriers is uncertainty about how to safely acquire and serve country food. The purpose of the Country Food Guidelines Project was to help facilities and programs serve more country food by providing guidelines for acquiring, storing, preparing, and serving country food in institutional settings across Nunavut. The project took into account Inuit harvesting practices and preferences, wildlife sustainability, food safety practices, and nutritional needs. The Coalition has finished Phase One of the Country Food Guidelines Project, which involved developing draft guidelines that make it easy and safe for facilities and programs to serve country food in culturally appropriate ways. The Coalition aims to undertake Phase Two of the project in 2015-16,

which will involve finalizing the guidelines and developing user-friendly resources.

- **Partners:** Department of Health (Lead), Nunavut Tunngavik Inc., Qikiqtani Inuit Association, Department of Environment, Department of Finance
- **Action: 1.4.3** Develop new country food procurement and handling guidelines for Government-funded facilities and programs.



## STORE-BOUGHT FOOD

### Mission:

*We will support a food supply chain that promotes the availability and affordability of store-bought food that maximizes nutritional and economic value for Nunavummiut.*

### Core Recipe Project

According to the Inuit Health survey, 80% of Inuit in Nunavut prefer a mix of country food and store-bought food. While country food is a healthy choice and Inuit have a long history of preparing it, store-bought food is not always healthy and it has only a short history in Nunavut. The Coalition has heard that Nunavummiut want to learn how to better choose and prepare healthy foods from the store, so Coalition members worked together to develop and promote delicious and nutritious recipes as part of the Core Recipe Project. The goals project were to:

1. Enhance health promotion through partnerships between the Department of Health, food retailers, and community health workers.
2. Promote nutritious foods and food-related skills in stores and in community-based programs.
3. Create easy recipes that community members and programs can prepare and enjoy.

The first of 12 recipes was released in March 2015, which is Nutrition Month in Nunavut, and a new recipe will be featured each month over the following year. The recipes include meals such as Sweet and Sour Seal Stirfry and Pork Stew with Apples. Coalition members such as Qaujigiartiit

Health Research Centre and Arviat Wellness Centre have utilized the Core Recipes in their programming, showing collaboration amidst the Coalition.

- **Partners:** Department of Health (Lead), North West Company, Arctic Cooperatives Ltd.
- **Action: 2.2.2** Repeat and expand the Core Recipe project throughout Nunavut.

### Sweet and Sour Seal Stirfry

**Serves 8**

About 45 minutes to prepare and cook

This recipe was adapted from the Arviat Wellness Centre's cooking program.

**Tip**

For a complete meal, serve with rice!

#### Ingredients

 <b>1 tablespoon oil</b>	 <b>1 small can (19 oz) diced tomatoes</b>	
 <b>2 pounds boneless seal meat, sliced</b> (or any other boneless meat)	 <b>1/2 cup brown sugar</b>	 <b>1 tablespoon mustard</b>
 <b>2 large bell peppers, trimmed and sliced</b>	 <b>1 tablespoon chili powder</b>	 <b>1 large orange, washed and sliced</b>
 <b>1 onion, sliced</b>		

#### Kitchen Supplies

- Ulu or knife
- Cutting board
- Large frying pan
- Measuring cups
- Measuring spoons
- Wooden spoon
- Can opener

This resource was created with financial contributions from Health Canada and the Public Health Agency of Canada.

### 2015 Nunavut Food Price Survey

According to the Inuit Health Survey, the three main reasons for food insecurity are unemployment, low incomes, and high costs. To get a better idea of what those high costs are, the 2015 Nunavut Food Price Survey was conducted in each of Nunavut's 25 communities in March 2015. The Survey was done in partnership between the Nunavut Bureau of Statistics and Government Liaison Officers. The Survey collected price information for 133 items, which included 113 food items and 18 non-food items. The purpose of the Survey was to capture the cost of living in Nunavut communities, and make comparisons between communities, regions, and the rest of Canada. The Coalition will report publicly on the results of the 2015 Nunavut Food Price Survey in 2015-16. The Department of Family Services will use the results during the Income Assistance program reform process that will take place in 2015-16 in order to assess the adequacy of food allowances provided by the Social Assistance program.

- **Partners:** Nunavut Bureau of Statistics (Lead), Department of Executive and Intergovernmental Affairs
- **Action: 2.3.2** Develop a proposal for an ongoing Nunavut Cost of Living Survey that includes all Nunavut communities, and conduct this survey pending sufficient resources.

### Report on the Nutrition North Canada Program

The Nunavut Food Security Coalition believes that the Nutrition North Canada (NNC) Program serves an essential function in Nunavut's communities, but also believes it can be adapted to better serve the needs of Nunavummiut. On March 25, 2015, the Coalition published a report entitled *The Nutrition North Canada Program*, which outlines what those program adaptations might be. Although the report does not reflect recent information, such as the conclusions

of the Fall 2014 Auditor General of Canada's report on Nutrition North Canada, it provides a Nunavut perspective on the NNC program accompanied by 15 relevant recommendations that can support public discussions and decision-making regarding improvements to the program. The report is available on the Coalition website ([www.nunavutfoodsecurity.ca](http://www.nunavutfoodsecurity.ca)), under the Resources section.

- **Partners:** Department of Family Services, Department of Health, Department of Economic Development and Transportation, Department of Executive and Intergovernmental Affairs, Nunavut Bureau of Statistics, Nunavut Tunngavik Inc.
- **Action: 2.4.1** Explore the factors that influence the cost, quality, and accessibility of store-bought food in Nunavut, and make policy and program recommendations.





## LOCAL FOOD PRODUCTION

### Mission:

*We will explore and promote the potential for local food production in Nunavut.*

### Arviat Greenhouse Project

Compared to other provinces and territories in Canada, the potential for local food production in Nunavut is not well understood. However, the Coalition believes there is potential to enhance local availability of food and increase self-reliance of communities. In support of this, the Arviat Wellness Centre recently established a research greenhouse in Arviat. The focus of the greenhouse is to improve local soil quality so that it can sustain plant growth and enhance community greenhouse viability. The research compares the output of soils enriched with compost, worm farm output, seaweed, and commercial fertilizer. In partnership with local schools, seedlings are planted by students in the spring and are used to populate the greenhouse during the summer. In the fall, plants are brought back into the schools and continue to the point of harvest. To better support greenhouse initiatives, Arviat Wellness Centre consults with other northern greenhouse operators in Iqaluit, Fort Smith, Inuvik, and Yukon to share best practices in local food production.

Arviat Wellness has also partnered with the University of British Columbia as part of the university's Arctic berry studies, and has identified local food crops suitable for harvesting. The Arviat Wellness Centre is currently setting up monitoring activities to ensure sustainable

improvements to food insecurity. Further information is available on the Arviat Goes Green Facebook page.

- **Partners:** Arviat Wellness Centre (Lead), Levi Angmak Elementary School, Qitiliq Middle School and John Arnaludjuak High School, University of British Columbia, ArctiConnexion
- **Actions:** **3.1.1** Explore creative ideas and lessons learned regarding northern food production in other Arctic regions, and share them with Nunavut communities; **3.1.2** Liaise with organizations that research and conduct northern food production.





## LIFE SKILLS

### Mission:

*We will support efforts to increase the ability of Nunavummiut to improve their own food security by gaining and utilizing life skills, including language, literacy and numeracy.*

### Miqqut Project

Foundational skills such as language, literacy, and numeracy provide Nunavummiut with a greater ability to improve their conditions of food security. The Miqqut Project, led by Iliitaqsiniq – Nunavut Literacy Council, is a non-formal learning opportunity that embeds literacy into a sewing program. So far, Iliitaqsiniq has hosted the program in Rankin Inlet and Baker Lake. Through the Miqqut Project, Iliitaqsiniq hired one community coordinator and eight Elder instructors to deliver the program, providing a great opportunity for intergenerational transfer of knowledge. The majority of program participants expressed successful outcomes, such as enhanced life skills, improved engagement with the workforce, a healthier focus on positive wellbeing, increased confidence, and an enriched connection to culture, community, and language.

- **Partners:** Iliitaqsiniq – Nunavut Literacy Council (Lead), Government of Nunavut, Department of Economic Development & Transportation, Simon Alaittuq School, Hamlet of Rankin Inlet, Hamlet of Baker Lake, Nunavut Arctic College, First Air, Calm Air, Kativik Ltd, Kissarvik Coop, Sanavik Coop, Gaston Furriers, Ivalu – Nunavut Development Corporation, Umingmak Supplies, Mittens & More, Carellan Sewing Center, Red Top Variety Shop, Government of Canada, Office of Literacy and Essential Skills.

- **Actions: 4.1.3** Support the development and delivery of more non-formal learning opportunities that include embedded literacy; **4.2.2** Support family and intergenerational literacy programs.

### Inunnguiniq Parenting Program

Life skills such as choosing healthy foods and budgeting limited incomes are central to food security in Nunavut. The Qaujigiartiit Health Research Centre and Arviat Wellness Centre have been teaching these skills to Nunavummiut through their Inunnguiniq Parenting Program. The purpose of the Inunnguiniq Parenting Program is to support families in revitalizing the role of *Inunnguiniq* (Inuit perspectives on parenting/childrearing); to rebuild the role of extended family and community in childrearing, and to support healing. The program includes a unit on selecting, preparing, and budgeting for healthy family meals. The program has also promoted the aforementioned Core Recipes developed by the Department of Health by including full-day cooking sessions that featured the recipes. The program is delivered by pairs of facilitators who receive training through a 35-hour course delivered by Qaujigiartiit Health Research Centre. In 2014-15, training was provided in Arviat, Kugluktuk, and Iqaluit to 47 Nunavummiut from approximately eight communities. These facilitators will be delivering core modules in their own communities in the coming years. The program is offered as a credit course for the Nunavut Arctic College Early Childhood Educator Program.

- **Partners:** Qaujigiartiit Health Research Centre (Co-lead), Arviat Wellness Centre (Co-lead), Nunavut Arctic College Early Childhood Education Program.
- **Action: 4.2.1** Better utilize existing programs that involve life skills.

### **Atii! Gameshow Healthy Living Intervention**

The Qaujigiartiit Health Research Centre and Arviat Wellness Centre conducted the Atii! Gameshow healthy living intervention in 2013-15. So far, over 400 students aged 5 to 15 years old have participated in the pilot projects, which took place in Iqaluit, Arviat, Gjoa Haven, and Cambridge Bay. The Atii! Gameshow is a fun team-style game for children designed by Inuit youth for Inuit children to improve health literacy in Inuktitut and to promote four core community-identified messages related to healthy living: drinking water, eating healthy snacks and breakfasts, being physically active, as well as eating country food and healthy store-bought food. Parents and Elders participated in the pilots as well, providing intergenerational skill-building opportunities. The Core Recipes were also distributed to parents, elders, and teachers as part of the game-play. Children who participated in the game demonstrated an improved understanding of food and play-related Inuktitut terminology, improved understanding of the importance of healthy foods and snacks, and increased physical activity in the school day compared to the previous day. The game continues to be delivered in those schools, and the Qaujigiartiit Health Research Centre is pursuing opportunities to make the game available to every school in Nunavut. Another aspect of the project is an interactive game app for children. The Arviat Youth Media team developed an app to promote the key messages through an interactive game format which will be available through iTunes. This Youth Media Team also developed a series of six children's storybooks and songs to promote the same four key messages. These are available at [www.arviat.tv/healthy-bodies](http://www.arviat.tv/healthy-bodies).

- **Partners:** Qaujigiartiit Health Research Centre (Co-lead), Arviat Wellness Centre (Co-lead), Kitikmeot School Operations, District Education Authorities (Arviat, Cambridge Bay, Gjoa Haven, Apex),

Qikiqtani Inuit Association, Nunavut Tunngavik Inc., University of Manitoba

- **Action: 4.3.1** Make information on nutrition, healthy eating, and budgeting more readily available to Nunavummiut.





## PROGRAMS AND COMMUNITY INITIATIVE

### Mission:

We will support community efforts that improve access to food for those who are most vulnerable to hunger.

### Baker Lake Community-led Food Assessment

*“With a community-led food assessment, the discussion and decision making is happening in the community where the program is taking place, by the people involved. People understand their community’s strengths and know where things need to improve, and they’re best equipped to develop solutions that will actually work locally.”*

KRISTIE JAMESON, EXECUTIVE DIRECTOR, FOOD SECURITY NETWORK OF NEWFOUNDLAND AND LABRADOR, FEBRUARY 19, 2015

Over the past year, the community of Baker Lake has started a Community-led Food Assessment under the name Niqitsiavut. A Community-led Food Assessment is a collaborative process that explores food security within a community in order to develop locally relevant solutions and improve access to healthy, culturally appropriate food. The model is expanding into Nunavut from Nunatsiavut, where the Food Security Network of Newfoundland and Labrador has led similar projects in three communities – Hopedale, Rigolet, and Nain – under the name NiKigijavut Nunatsiavutinni: Our Food in Nunatsiavut. The Niqitsiavut project launched in Baker Lake with a five-day training session that took place from February 18-23, 2015. Over the following two years, the community of Baker Lake will identify assets and gaps, set priorities, develop an action plan, begin implementation, and conduct evaluation.

- **Partners:** Department of Health (Co-lead), Nunavut Tunngavik Inc. (Co-lead), Hamlet of Baker Lake, Baker Lake Health and Wellness Committee, Food Security Network of Newfoundland and Labrador, Trent University
- **Action:** N/A (new project)

### Community-Based Food Security Events

The Department of Health provides wellness funding to each community in Nunavut through a Community Cluster Plan. In 2014-15, the Department of Health added \$1,500 to each Community Cluster Plan to financially support food security events such as community feasts and cooking classes.

The Hamlet of Arviat used the funding to purchase six caribou from local hunters. The caribou were then donated to the elders group, and an elders’ feast was hosted at the community centre. This event provided country food to approximately 20 elders. The Hamlet of Arviat has stated that the money was put to excellent use, as it both supported local hunters and provided country food and a social event for elders in the community.

In Resolute Bay, the Community Health Representative started a new Youth Cooking Program for high school students. The program is held once a week, alternating weeks for boys and girls, and invites parents and guardians to attend once a month. The program builds confidence and self-esteem by teaching high school students basic cooking skills and how to prepare healthy foods at home.

The community of Hall Beach spent its \$1,500 to start a Make and Take Meal Program. Participants, in collaboration with the Recreation Coordinator and Community Health Representative, use the Core Recipes to make a meal together and then take it home to their families. The program has a strong education component, and its success has led to it being funded by the Community Cluster Plan until March 31st, 2016.

The Coalition is inspired by community-led initiatives such as these, and looks forward to seeing what other activities may be supported by the additional funding.

- **Partners:** Department of Health (Lead), Hamlets
- **Action:** N/A (new initiative)



## POLICY AND LEGISLATION

### Donation of Food Act

*“At first glance, this Nunavut Donation of Food Act may be seen as not needed given that food sharing is an integral part of Inuit culture. In fact, many Inuit I spoke to did not understand... that a food donor might be sued if someone became sick from eating donated food. It’s just not our way.”*

MONICA ELL, MEMBER OF THE LEGISLATIVE ASSEMBLY FOR IQALUIT  
WEST, FEBRUARY 26, 2013

*“I was very pleased that support for my private member’s bill was one of the formal priorities for action adopted at the recent Nunavut Food Security Symposium.”*

RON ELLIOTT, FORMER MEMBER OF THE LEGISLATIVE ASSEMBLY FOR  
QUTTIKTUQ, FEBRUARY 27, 2013

In March 2013, the Government of Nunavut passed a new law, the *Donation of Food Act*, which encourages food donations to our territory’s most vulnerable residents while protecting those who make donations. Support for the Act was one of the Priority Areas for Action adopted at the Nunavut Food Security Symposium that took place in January 2013. Since the Act has been in place, organizations such as food banks and soup kitchens have been able to more easily receive food donations from individuals and businesses.

**Mission:**  
*We will advocate for a strong social safety net that promotes food security through relevant policy and legislative measures.*



Arctic Cooperatives Ltd. has communicated the content of the Act to Member Co-ops through merchandising information bulletins, and the North West Company is currently developing a standardized food donation policy for all stores. The Coalition hopes to better communicate the importance and relevance of the Act in order to better facilitate donations.

- **Partners:** Government of Nunavut, Nunavut Tunngavik Inc., Arctic Cooperatives Ltd., North West Company
- **Actions: 6.1.1** Support the *Donation of Food Act* by creating community level partnerships between food retailers, country food suppliers, and community-based food programs; **6.1.2** Support the *Donation of Food Act* by sharing information with donors and recipients on the importance of food safety and safe food handling.

### **Food Security Research Involvement**

The Coalition recognizes the need for and importance of food security research in Nunavut. In 2014, the Nunavut Research Institute issued research licenses to approximately 10 research projects that investigated food security in the territory. These research projects included topics such as the importance of sustainable fisheries, the impact of country food contaminants on Inuit health, the effects of mining on harvesting, the influence of climate change on local food production, and the overarching factors affecting food security in Nunavut communities. Several of the licensed researchers received support directly from the Nunavut Research Institute, including accommodations, office space, and research advice. Several Coalition members have engaged with the projects closely. Some Coalition members have participated in ArcticNet's 2014 Arctic Change conference in order to become aware of relevant research, develop relationships with researchers, and use the results of research in policy- and decision-making.

- **Partners:** Nunavut Research Institute, Department of Health, Nunavut Tunngavik Inc., Qaujugiartiit Health Research Centre
- **Action: 3.2** Establish relationships with research institutes and academic institutions to enhance relevance of food security-related research.



# **ACTION PLAN 2014-16**

**OUTCOMES FOR 2015-2016**

THEME	OUTCOME	UPDATE
<b>Coalition</b>	a By March 31, 2014 an expanded and active Coalition.	Coalition membership has expanded from 11 original members (government departments and Inuit organizations) to 28 member organizations (government departments, Inuit organizations, non-governmental organizations, and the private sector).
	b By May 5, 2014 a completed and distributed Nunavut Food Security Strategy.	The <i>Strategy</i> was released on May 5, 2014; hard copies were mailed to each of Nunavut's 25 communities, and electronic copies were made available on both the Nunavut Roundtable for Poverty Reduction website ( <a href="http://www.makiliqta.ca">www.makiliqta.ca</a> ) and Nunavut Food Security Coalition website ( <a href="http://www.nunavutfoodsecurity.ca">www.nunavutfoodsecurity.ca</a> ).
	c By March 31, 2015 an informative website for the Nunavut Food Security Coalition.	The Coalition website ( <a href="http://www.nunavutfoodsecurity.ca">www.nunavutfoodsecurity.ca</a> ) was launched on October 16, 2015, which coincided with World Food Day.
	d By May 31, 2014 an annual report for 2012-13 Coalition activities.	The <i>2012-2013 Annual Report</i> was released on May 5, 2014; electronic copies were made available on the Nunavut Roundtable for Poverty Reduction website ( <a href="http://www.makiliqta.ca">www.makiliqta.ca</a> ) and Nunavut Food Security Coalition website ( <a href="http://www.nunavutfoodsecurity.ca">www.nunavutfoodsecurity.ca</a> ).
	e By May 31, 2014 an annual report for 2013-14 Coalition activities.	The <i>2013-2014 Annual Report</i> was released on May 5, 2014; electronic copies were made available on the Nunavut Roundtable for Poverty Reduction website ( <a href="http://www.makiliqta.ca">www.makiliqta.ca</a> ) and Nunavut Food Security Coalition website ( <a href="http://www.nunavutfoodsecurity.ca">www.nunavutfoodsecurity.ca</a> ).

THEME	OUTCOME	UPDATE
<b>Country Food</b>	1.a By March 31, 2014 an established Harvester Support Working Group.	Member organizations have been identified and the working group will convene on an as needed basis.
	1.b By March 31, 2015 a review of existing harvester support programs.	Existing harvester support programs are currently being reviewed by the Government of Nunavut (Department of Environment and Department of Economic Development and Transportation) and Nunavut Tunngavik Inc. (Department of Wildlife and Environment).
	1.c By March 31, 2014 an established Commercialization of Country Food Working Group.	Member organizations have been identified and the working group will convene on an as needed basis.
	1.e By March 31, 2015 new policies and procedures for country food procurement and service in government-funded facilities.	Guidelines for serving country food in government-funded facilities and community-based programs were finalized on March 31, 2015. These guidelines are currently a draft for internal review. The Coalition will determine next steps for the project in 2015-16.
	2.a By January 1, 2015 an expanded Core Recipe Project and developed long-term delivery plan.	The 2015 Core Recipe Project launched in March 2015 and will run until February 2016. Monthly recipes are available in each of Nunavut's 25 communities and electronic copies are available on the Healthy Living website ( <a href="http://www.livehealthy.gov.nu.ca/en/resources">http://www.livehealthy.gov.nu.ca/en/resources</a> ).
<b>Store-Bought Food</b>		

THEME	OUTCOME	UPDATE
	2.b By March 31, 2015 an established interdepartmental working group to oversee the development of school food guidelines.	The Department of Education and the Department of Health are participating in the Joint Consortium for School Health Federal/Provincial/Territorial working group in order to promote student wellness and achievement for all children and youth. Suggested national school food guidelines have been developed, and are available for use by provinces and territories as appropriate.
	2.c By March 31, 2014 a long-term proposal for a territory-wide price survey.	The 2014 Nunavut Food Price Survey was completed in each of Nunavut's 25 communities in March 2014. StatsUpdate documents comparing prices were released by the Nunavut Bureau of Statistics, and detailed price tables were posted on the Nunavut Bureau of Statistics website ( <a href="http://www.stats.gov.nu.ca/en/Economic%20prices.aspx">http://www.stats.gov.nu.ca/en/Economic%20prices.aspx</a> ).
	2.d By March 31, 2015 implementation of a price survey in all Nunavut communities, pending resources.	The 2015 Nunavut Food Price Survey was conducted in each of Nunavut's 25 communities in March 2015. Results will be shared in 2015-16 once the Nunavut Bureau of Statistics has compiled and analyzed the data.

THEME	OUTCOME	UPDATE
	2.f By March 31, 2015 better selection and quality of healthy food in stores, with an emphasis on more remote communities.	Arctic Cooperatives Ltd. has new store designs with a "fresh first" layout plus expanded offerings in nutritious perishable foods. Arctic Cooperatives Ltd. added a staff position (Merchandising Co-ordinator – Fresh) that will assist in developing, communicating, and implementing training programs that promote the availability and quality of perishable foods in Co-op locations.  The North West Company is currently remodeling three stores in Nunavut that will include expansion of healthy food assortment. The North West Company advocated for improvements of NNC program, including additional funding and communications. The North West Company noted a 10% decrease in Level 1 prices since March 2011 and 25% increase in sales. The results were achieved through subsidies, negotiating lower freight rates and reducing product margins.
<b>Local Food Production</b>	3.a By March 31, 2015 an inventory of research priorities for action.	The Coalition provided the Nunavut Research Institute with a list of research priorities in an attempt to enhance the relevance of food security related research being conducted in the territory. The Territorial Food Security Coordinator has met with several researchers to discuss these Coalition research priorities.
<b>Life Skills</b>	4.a By March 31, 2014 an established Life Skills Working Group.	Member organizations have been identified and the working group will convene on an as needed basis.

THEME	OUTCOME	UPDATE
	4.b By March 31, 2014 a Healthy Living Website.	The Healthy Living Website was launched in 2014 ( <a href="http://www.livehealthy.gov.nu.ca">www.livehealthy.gov.nu.ca</a> ). The website includes information on healthy eating and provides resources such as the Nunavut Food Guide, nutrition fact sheets, and recipes.
<b>Programs and Community Initiative</b>	5.a By March 31, 2014 an established Breakfast Program Working Group.	Member organizations have been identified. The Working Group has met regularly to explore ways in which current breakfast programs can be enhanced. The Working Group is in the process of clarifying the roles, responsibilities, and commitments of member organizations with regards to breakfast programs in Nunavut.
	5.b By March 31, 2014 a Breakfast Program Guidebook and Breakfast Program Cookbook.	The Nunavut Breakfast Programs Guidebook and Ullaakut! The Nunavut Breakfast Programs Cookbook were released and distributed to each of Nunavut's 25 communities. They are also available as resources on the Healthy Living Website ( <a href="http://www.livehealthy.gov.nu.ca">www.livehealthy.gov.nu.ca</a> ).
	5.c By March 31, 2014 an established Community-Based Action Working Group.	Member organizations have been identified and the working group will convene on an as needed basis.
	5.d By March 31, 2014 a completed and distributed Guide to Funding Resources for Community Programs.	USB flash drives containing information on Government of Nunavut Department of Health Funding Resources were completed and distributed to each of Nunavut's 25 communities.
	5.e By March 31, 2015 a completed and distributed resource of Wellness Program ideas.	A list of Wellness Program ideas has been drafted.

THEME	OUTCOME	UPDATE
<b>Policy and Legislation</b>	6.a By March 31, 2015 community level partnerships between food retailers, country food suppliers, and community-based food programs in order to deliver qualifying food products to community organizations and programs.	Arctic Cooperatives Ltd. has communicated the content of the Donation of Food Act to Member Co-ops through merchandising information bulletins. The North West Company is currently developing a standardized food donation policy for all stores. The Department of Health has put together information on the importance of food safety and safe food handling. The documents – <i>Four Steps to Prevent Food-Borne Illness</i> and a fact sheet <i>Donated Foods Guidelines</i> – provide information on proper food storage, handling and preparation.





# NUNAVUT FOOD SECURITY COALITION ANNUAL REPORT 2014-2015



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